

# Coronavirus Protocol | V21

*In the Netherlands, we are more resistant to the Coronavirus due to vaccinations, booster shots and the built-up immunity. But the coronavirus is still there and will probably never go away. The government advice has been adapted to this new situation.*

*At REYM, we will continue to follow the remaining advices because, in general, it also ensures that our workplace is safer. With the advice below we can prevent contamination of ourselves and others as much as possible.*

## Basic rules

Keep following the basic rules to prevent the spread of the coronavirus. People can also infect each other after vaccination and a booster shot. So keep washing your hands, cough and sneeze into your elbow, stay home if you have complaints and do a test, provide plenty of fresh air and get a vaccine, booster or repeat shot.

## Complaints? Stay home and take a test immediately

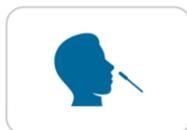
Do you have complaints that belong to corona? Avoid infecting colleagues or other people.

- Stay at home and do a self-test.
- Is the result positive?
- Then make a test appointment with the GGD.
- And go into isolation for at least 5 days.
- You can go outside again if you have no complaints during the last 24 hours.

## Hygiene advice

The virus can spread less quickly if you follow a number of hygiene advices:

- Wash your hands often and well with soap and water. Always do this when you come home or go somewhere to visit.
- Cough or sneeze into your elbow.
- Do not shake hands, rather give a nod, box or elbow.
- Touch your face as little as possible.
- Use paper tissues to blow your nose and then throw them away. Wash your hands afterwards.
- Where it is busy, you can protect yourself and others by wearing a face mask.



### **Provide plenty of fresh air**

Fresh air is important. Fresh air helps to limit the transmission of the virus. Make sure that there is regular airing at work. If there is no automatic ventilation, open a window for a short time every day.

### **Risk groups**

Persons belonging to a risk group can make a request for adapted work or an adapted workplace. This should always be done in consultation with the manager.

### **Take each other into account**

- Keep your distance if someone asks for it.
- Do you go to someone who is concerned about his or her health? Then do a self-test first.
- Respect each other's choices. For example, if someone wears a mouth cap where it is not necessary.

### **Corona report app**

At REYM, we want to bring this app to everyone's attention and we recommend installing and using the app. Use of the app is voluntary and not mandatory.

#### *What should you do if you receive a warning?*

Stay extra alert on complaints. Do you get complaints that resemble Corona? Then do a self-test. Is the self-test positive? Then make a test appointment with the GGD and go into isolation for at least 5 days. You can go outside again if you have no complaints in the last 24 hours.

### **Traveling abroad**

Check the travel advice of the Ministry of Foreign Affairs before traveling abroad.

Met een coronavaccinatie beschermen we onszelf, onze dierbaren en de kwetsbaren in onze samenleving. De directie van REYM adviseert daarom iedereen om zich te laten vaccineren. Als iedereen zich laat vaccineren krijgt het coronavirus het namelijk steeds moeilijker om zich te verspreiden.

### **Alertness, social control and social responsibility**

The same as with REYM's safety rules, we must remain alert and watch out for each other. So if you see things that could be improved, let your manager know. If you see that colleagues are not following the rules properly, then talk to them about it.

With a corona vaccination we protect ourselves, our loved ones and the vulnerable in our society. The REYM management therefore advises everyone to be vaccinated. If everyone is vaccinated, it will become increasingly difficult for the coronavirus to spread.

**More information**

For all questions to the REYM management (including customer questions) please use the specially set up e-mail address: [corona@reym.nl](mailto:corona@reym.nl).

For the latest information about the coronavirus, visit the RIVM website ([www.rivm.nl](http://www.rivm.nl)) or the national government ([www.rijksoverheid.nl](http://www.rijksoverheid.nl)).

RIVM



Government

